408-384-1186 225 CABRILLO HWY S SUITE 110D HALF MOON BAY, CA 94019 408-384-1186 1101 S. WINCHESTER BLVD BUILDING F SUITE 170 SAN JOSE, CA 95128

HIPPA NOTICE OF PRIVACY PRACTICES

- This notice describes how your health information may be used and disclosed and how you can access this
 information. Please review it carefully.
- We have always kept your health information secure and confidential. A new law requires us to continue
 maintaining your privacy, to give you this notice and to follow the terms of this notice.
- The law permits us to use or disclose your health information to those involved in your treatment. For
 example, a review of your file by a specialist doctor whom we may involve in your care.
- We may use or disclose your health information for payment of your services. For example, we may send
 a report of your progress to your insurance company.
- We may use or disclose your health information for our normal healthcare operations. For example, one of our staff will enter your information into our computer.
- We may share your medical information with our business associates, such as a billing service. We have a
 written contract with each business associate that requires them to protect your privacy.
- We may use your information to contact you. For example, we may send a newsletter or other
 information. We may also want to call and remind you about your appointments. If you are not at home,
 we may leave this information on your answering machine or with the person who answers the telephone.
- In an emergency, we may disclose your health information to a family member or another person responsible for your care.
- We may release some or all of your health information when required by law.
- · If this practice is sold, your information will become property of the new owner.
- Except as described above, this practice will not use or disclose your health information without your prior written authorization.
- You may request in writing that we not use or disclose your health information as described above. We
 will let you know if we can fulfill your request. You have the right to know of any uses or disclosures we
 make with your health information beyond the above normal uses.
- · As we will need to contact you from time to time, we will use the address or telephone number you prefer.
- You have the right to transfer copies of your health information to another practice. We will mail or fax
 your files to the practice.
- You have the right to see and receive a copy of your health information, with few exceptions. Give us a
 written request regarding the information you want to see. If you also want a copy of your records, we
 may charge you a fee for the service and copies.
- You have the right to request an amendment or change to your health information. Give us your request to
 make the changes in writing. If you wish to include a statement in your file, please give it to us in writing.
 We may or may not make the changes you request, but will be happy to include your statement in your
 file. If we agree to an amendment or change, we will not remove nor alter earlier documents. But will add
 new information.
- You have the right to receive a copy of this notice.
- You may file a complaint with the Department of Health and Human Services, 200 Independence Ave., S.W., Rm. 509F, Washington, DC 20201. You will not be retaliated against for filing a complaint.
- However, before filing a complaint, or for information or assistance regarding your health information privacy, please contact our Privacy Officer Harriet M. Segelcke, D.C at 408-384-1186
- This notice went into effect as of April 14, 2003.